

Signposting Event For Families, Parents and Carers @ York Explore Library - City Centre

11th October
2025
12noon -
3pm



12.30pm Young people's drop-in and LGBTQ+
mental health support
- Sam Armstrong, YorMind

1.00pm Sensory integration awareness and the
environment
- Lizzie Huxford OT4ME

1.30pm Dear parents and teachers: This is what
I wish you'd known when I was growing up with
undiagnosed AuDHD
- Jo McCormick, The Retreat Clinics

2.00pm York Maternity & Neonatal Voices
Partnership Introduction
- Helen McConnell, YMVP

2.30pm Introduction to Pave the Way Families
in the York area
Helen Caulfield - Pave The Way Families