



A message from Mrs Robinson

Dear Families,
A very Happy New Year to you and your families! I am continuously grateful for our fantastic school community that I get the privileged to serve in. Thank you for your support and kindness. With each new year, we make goals on how to improve and put forth our best efforts and self. Our goal at Haxby Road, is to continue to serve your children to the best of our abilities and ensure they have the highest quality of education.

It is wonderful to see all of our children back in school ready for another exciting term. We can't wait to get started with lots of really exciting new learning and we are certain that our children are going to have some fantastic experiences in their classroom.

Have a lovely weekend
Mrs Robinson



MENTAL HEALTH



Grow your happy Displayposter



Winter Weather

Next week we will have another blast of cold and icy weather. The children do love to play outside whatever the weather. Please can we ask your child to wear appropriate clothing (such as hats, gloves and warm coats). If you are missing any items please check our lost property box at the main entrance. If you need any support with clothing for your child please speak to Mr Smart. We can help you.

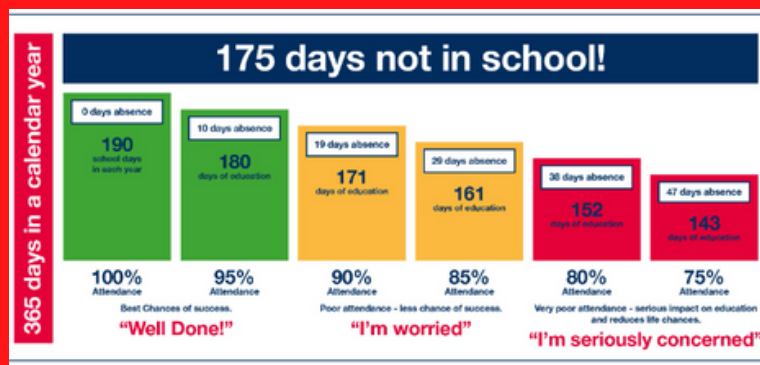
1. Make sure your child gets enough sleep. Children who have good sleep habits have better attention, behaviour, memory and overall better mental and physical health. A pre-school child needs between 11 to 12 hours sleep a night.
2. Encourage kids to get outdoors in nature. Being outdoors in green spaces reduces stress and tension and makes us happier.
3. Ensure your child gets plenty of exercise. Guidelines from the NHS suggest that children under 5 should be active for at least 3 hours each day. Regular exercise will boost their mental and emotional health.
4. Encourage your child to be creative. Creative play allows your child to try out new ideas and can be a great opportunity to encourage new ways of thinking and problem-solving.
5. Encourage them to be helpful and do things for others. They could give away outgrown toys and clothes, make buns for friends and family.
6. Give them lots of opportunities to play. It is absolutely essential for a child's happiness. Playing is a great way of helping children to stay not just physically happy and healthy but it can contribute towards good mental health too. Playing is also important for children as it teaches them to be creative, learn problem-solving skills and learn self-control.



Our School Target is 97% National Figure 96%

This week our whole school attendance was: 92.15%

- Jubbergate: 87.73%
- Ousegate: 97.79%
- Fishergate: 89.39%
- Whip-Ma-Whop-Ma-Gate: 98.41%
- Gillygate: 94.25%
- Fossgate: 93.21%
- Micklegate: 92%
- Stonegate: 90.51%



School Attendance

The winning class is Whip-Ma--Whoop-Ma Well Done!

