

Playfulness.Acceptance.Curiosity.Empathy

PACE is a way of thinking, feeling, communicating and behaving that aims to make the child feel safe. It is a model that we will be using in school. Please read below what each component means:

Playfulness - This is about creating an atmosphere of lightness and interest when you communicate. When children laugh and giggle, they become more reflective.

Acceptance - Acceptance is about actively communicating to the child that you accept the wishes, feelings, thoughts, urges, motives and perceptions that are underneath the outward behaviour

Curiosity - Curiosity is non-judgemental, this can help the child to be open to how they, and other people, are thinking and feeling. Curiosity lets the child stay open and engaged in conversations.

Empathy - Empathy lets the child feel the adult's compassion for them. Being empathic means the adult actively showing the child that they are important to them and he or she wants to be with the child in their hard times.

