



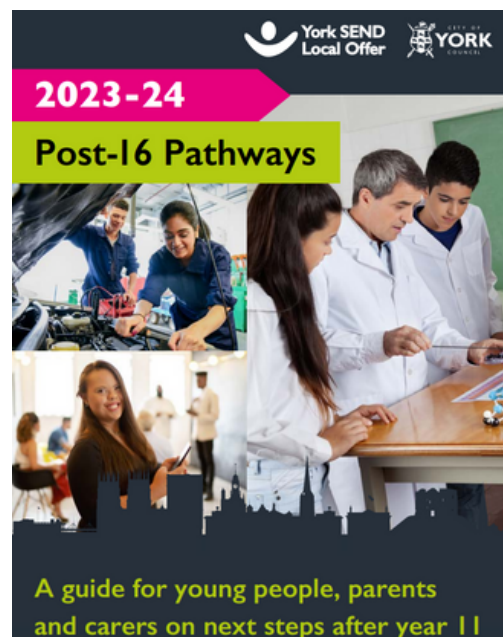
NEWS LETTER

Preparation for Adulthood

Please find below a link to the 2023-24 Post-16 Pathways – a guide for young people, parents and carers on next steps after year 11.

The guide is available on the CYC website – Post-16 Pathways guide and also on the new York SEND Local Offer website (Post-16 education options – York SEND Local Offer).

<https://www.york.gov.uk/downloads/file/6119/2022-23-post-16-pathways-guide>



Coffee Morning Meet Ups

Wednesday 22nd November 10am at the Range Huntington

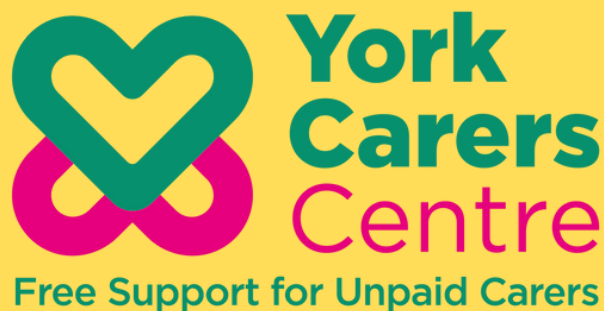
Wednesday 6th December 11am at the Youth Hostel, Water End.

First drink on us! A great opportunity to meet up with others who have similar experiences and can offer tips and signposting.

Listening Event York Carers Centre

Join us on Tuesday 5th December at 6pm for a short, friendly remote meeting about the work of York Carers Centre and how they can support you. This is also an opportunity to give feedback on experience in applying for a Carers' Needs Assessment.

Email pcf@yiks.co.uk for a joining link



Want to find out more about the PCF and get involved ?

If you would like to find out more about how to be part of a group of people with life experience as parents/carers of children and young people with special needs or disabilities please email Mary on pcf@yiks.co.uk

Alternatively come along to meet us at the coffee morning detailed above.

Specialist Teaching Team Autism

Parent Group: Coping with Christmas. Weds 6th December

Virtual 10 – 11 am on Microsoft Teams. We will be unable to discuss named children during this time
In person 1:30 – 2:30 pm at YIKS, All about Autism Hub, Clifton Children's Centre

Parent/Carer Phone Line and General Issues Drop In Weds 29th November Weds 13th December

Discuss general issues and concerns with a member of the team

Phone line support 9-12 noon. 20 mins appointments
In person drop in at All About Autism Hub, Clifton Green children's Centre, 1:30 – 2:30 pm

<https://www.yorksand.org/team-city-york-council/autism-team-support>

<https://www.yiks.co.uk>

Our current host company YIKS offers a wealth of activities for children, young people and their families. You may want to consider membership via the email address above or find them on facebook

Family Hubs Drop Ins

Drop-in to access free activities aimed at 0 to 11 year olds (although everyone is welcome). Parents and carers must stay and supervise their children whilst attending the drop-in – free coffee, teas and water is available too. There's also the opportunity to have a chat with a Family Navigator or Information Officer, who can help signpost and navigate you to services and information.

Hob Moor Childrens' Centre	Tues and Thurs	9:00 - 2:00
Avenues (Tang Hall)	Weds	9:00 - 2:00
Clifton Childrens' Centre	Weds and Fri	9:00 - 2:00

<https://www.raiseyork.co.uk>



Raise York
Your Family Hub Network