



# NEWS LETTER

 [engagement@yiks.co.uk](mailto:engagement@yiks.co.uk)

## Annual General Meeting

**Tuesday 24th October from 6pm**

This meeting will be held online in order to engage as many parents / carers as possible. We will discuss our progress over the last twelve months and identify priorities going forward. We would really appreciate your attendance at this annual meeting. We need your views to shape our work..

email [pcf@yiks.co.uk](mailto:pcf@yiks.co.uk) for a joining link



## Coffee Meet Up Dates

Our next peer support coffee morning is on **Monday 23rd October at 10:30** at the Quaker Meeting House, Friargate. YO1 9RL

Join us for a cuppa and chat with other parent carers. Share experiences. Get helpful tips and signposting.

This coffee morning is a special one hosted by Kids Community of Experience but Mary / Jennie / Em will be there as usual.

After half term we will meet at 11:00 am on **Tuesday 7th November** at Youth Hostel, York

## Advice on rising cost of living

The cost of living remains high and many people are still struggling.

York Talk Money aims to support people who are struggling financially, with Advice York partners coming together to promote the support and resources available.

Their aims are to ensure residents are able to:

1. Get all the help they are entitled to
2. Reduce their outgoings as much as possible
3. Get advice if they need assistance

See link and QR code for a great website to help and signpost further support.

 **Talk Money**

[www.livewellyork.co.uk/TalkMoney](http://www.livewellyork.co.uk/TalkMoney)



## Where to look for accessible half term activities

York Inspirational Kids have a variety of holiday activities. See <https://yiksaaa.org>

Information on what is happening in York throughout the school holidays and for children of all ages, young people and families.

<https://www.york.org.uk/young-people/shine-new.htm>

<https://www.better.org.uk/leisure-centre/york/york-leisure-centre/inclusive>  
York leisure centre SEN Clip n Climb, Inclusive swim sessions and Inclusive toddlers world. Booking required.

## Imps Half term activities

Fully inclusive dinosaur-themed disco! Create your own totally roar-some costume before hitting the dancefloor to show off your dinosaur moves. Make soundscapes together as a band and learn all about dinosaurs through movement and musical games.

Please note 1-1 support is not provided. If you need this, please bring your own support or contact IMPS to discuss.

Friday 3rd November  
Ages 5-11: 10 am-12 pm

Ages 11+: 1.30-3.30 pm

New Earswick Folk Hall, Hawthorne Drive  
Cost: £10



## Specialist Teaching Team Autism

**Parent Group: Topic Talks** virtual( am ) and repeated in person ( pm )

Virtual 10 - 11 am on Microsoft Teams. We will be unable to discuss named children during this time

In person 1:30 - 2:30 pm at YIKS, All about Autism Hub, Clifton Children's Centre

**Coping with Demands:** Weds 8th Nov

**Autism and Adolescence:** Weds 22nd Nov

**Parent/Carer Phone Line and General Issues Drop In**

Discuss general issues and concerns with a member of the team

Phone line support 9-12 noon. 20 mins appointments

In person drop in at All About Autism Hub, Clifton Green children's Centre, 1:30 - 2:30 pm

Weds 25th Oct

Weds 15th Nov