



## A message from Mrs Robinson

Dear Families,

**Year 6:** We are very proud of the resilience and determination showed by our Year 6 children this week and throughout the year; thank you for all your hard work. The children thoroughly enjoyed their bacon and sausages sandwiches this morning!

Thank you to Mr Hind, Mr Robinson and the Year 6 team, and all the staff who have worked with these children through their entire school career.

**Coronation Celebration:** Last week, we had a lovely Friday looking forward to the King's celebrations over the Bank holiday. Unfortunately, we had to cancel the crown parade due to rain but we did the show in the upper hall. There were some marvelous designs. **Well done to Tallulah for the winning crown.** Thank you to the kitchen staff made our special Coronation picnic lunch.

Warm wishes  
Mrs Robinson



**We celebrate Dhanush for his winning design in the Ebor Plaque Competition.**

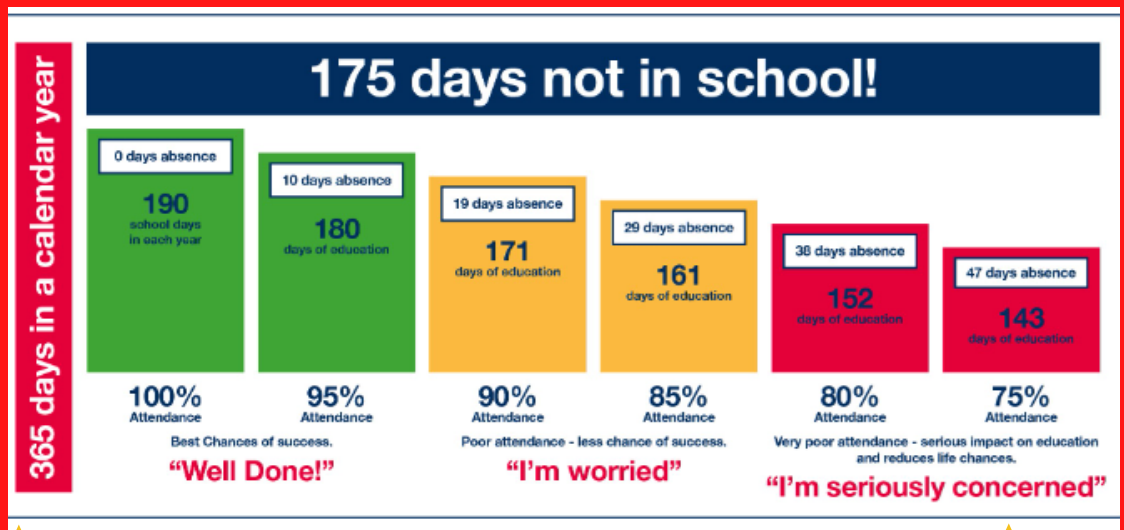


## School Attendance

- Tiny Steps: 92.16%
- Nursery: 89.87%
- Jubbergate: 92.62%
- Ousegate: 95.04%
- Fishergate: 95.45%
- Whip-Ma-Whop-Ma-Gate: 95.41%
- Gillygate: 91.59%
- Fossgate: 81.73%
- Mickegate: 91.47%
- Stonegate: 100%

**Our School Target is 98%**  
**National Figure 96%**

This week our whole school attendance was: **92.52%**



**The winning class is ... Stonegate**  
**Well Done!**



# School Value: Kindness

May is mental health awareness month.



## How do I know if someone has a mental health problem?

Sometimes it will seem obvious when someone is going through a hard time, but there is no simple way of knowing if they have a mental health problem. Although certain symptoms are common with specific mental health problems, no two people behave the same way when unwell.

You may notice changes in their behaviour or mood if you know the person well. Talking to someone is often the first step when you know they are having a hard time. This way, you can find out what is troubling them and what you can do to help.

## Tips for talking about mental health

- 1. Set time aside with no distractions** It is important to provide an open and non-judgemental space with no distractions.
- 2. Let them share as much or as little as they want to** Let them lead the discussion at their own pace. Don't pressure them to tell you anything they aren't ready to talk about. Talking can take a lot of trust and courage. You might be the first person they have been able to talk to about this.
- 3. Don't try to diagnose or second guess their feelings** You probably aren't a medical expert, and while you may be happy to talk and offer support, you aren't a trained counsellor. Try not to make assumptions about what is wrong or jump in too quickly with your own diagnosis or solutions.
- 4. Keep questions open ended** Say, "Why don't you tell me how you are feeling?" rather than "I can see you are feeling very low". Try to keep your language neutral. Give the person time to answer and try not to grill them with too many questions.

## Do you worry that your child struggles with anxiety?

Are you not sure how to respond and feeling stuck about knowing the best way to help them? Here at the Retreat Clinics, who can help.

We are running a 5-week evidence-based ONLINE course to empower and equip parents/carers.

During the 5 weeks you will increase your understanding of what anxiety is, why the problem persists for your child and real-life strategies that you can implement at home. You will finish the course with a tailored step-by-step plan.

We know that with ever increasing financial pressures, accessing the help you need to support your child can be even more challenging. We are offering this evidence based, therapist led course at the significantly reduced total cost of £75 + the booking costs.

For more information about our other Free Online Workshops, please go to [Events - The Retreat Clinics](#)

## EVENTS

### Whole School Dance Festival

Tuesday 16th May. **Time changed.**

**Now 2.30-3.00pm**

**Thursday 18th May: Wear something Green Day**

**Sports Day Friday 7th July:**

**Reception and Key Stage 1: 9am-10.15am**

**Key Stage 2: 10.45M-12.15PM**

**Children are to remain in school for afternoon lessons.**