



Ages 10 - 13

### AT ENERGISE LEISURE CENTRE(YORK HIGH SCHOOL)

#### CORNLANDS ROAD, ACOMB, YORK, YO24 3DX

### STARTING WEDNESDAY 4<sup>TH</sup> JANUARY 2023

(NEW PLAYERS CAN JOIN AT ANYTIME DURING THE YEAR(PROVIDING PLACES ARE AVAILABLE)

Group 1	<b>4:30pm – 5:30pm</b>	Ages 4 - 5
Group 2	5:30pm – 6:30pm	Ages 6 - 7
Group 3	6:30pm – 7:30pm	Ages 8 - 9

Dear Parents,

**Group 4** 

I am delighted to inform you that following the success of previous year's courses we are expanding the football coaching programme for the season. <u>The course will run on a weekly basis EVERY WEDNESDAY</u> during school term times.

7:30pm – 8:30pm

All of our courses are run by **F.A. QUALIFIED COACHES INCLUDING EX-PROFESSIONAL PLAYERS.** All of our coaches have been **DBS/CRB POLICE CHECKED**. The course is open to **boys** and **girls** aged between 4 and 13. All abilities are catered for with total beginners introduced through **FUN** and confidence building practices. The course is tightly structured to ensure all aspects of football skills are developed.

At the end of the term(usually 10-15 weeks) **every child** will receive a merit **trophy** and course **certificate**, with chances to win extra trophies including penalty shoot out, american shoot out and champions league competitions.

The cost of the course is  $\pounds 7$  per week, which is payable every four weeks ( $\pounds 28$ ) with the first payment due on week one. Parents are welcome to stay and watch however the club is fully supervised so children may be left in our care. We have the use of **excellent facilities including the large indoor sports hall.** 

## TO BOOK A PLACE ON TO THE COURSE PLEASE <u>TEXT</u> 'YORK' + CHILD'S NAME & AGE + GROUP NUMBER TO;

# 07846 770 250

Steven Nugent (Course Co-ordínator)