

## FixOurFood: Sustainable, healthy and tasty food for all

FixOurFood is delighted to be part of the **York Festival of Ideas** on Saturday 18 June, with a live panel discussion in the morning (10am-11am) and a fantastic set of activities as part of the Family Fun Afternoon (11am-3pm).

## The Discussion

10am-11am, Saturday 18 June, Ron Cooke Hub - in person or online

The theme for the discussion will be 'How can our food system be fairer and more sustainable for everyone?'

Topics will include the **accessibility** and **affordability** of sustainable food in today's food system, how schools can **alleviate barriers** to accessing good food and the role of **local** and **seasonal** food in a **better food system**.

## Contributors:

Sarah Bridle from the University of York

Young Food Ambassadors from a local school

Nathan Atkinson from Rethink Food

Sam Wyman from LEAF (Linking Environment and Farming)

You, the Audience for a Q and A session

You can watch live either in person at Ron Cooke Hub, streamed online, or on playback after the event. <u>More details can be found here</u>.

## The Family Fun Afternoon

11am-3pm, Saturday 18 June, Ron Cooke Hub

Come along and find out more about **growing vertically** with Grow It York and be dazzled by our **electric daisies**! Discover how to Take a Bite out of Climate Change with **hands-on activities** and learn about how our food goes from farm to fork with LEAF (Linking Environment and Farming).

Take part in our school food **competition** with the chance of winning some fabulous prizes. If you want to know more about our **FixOurFood in Schools** network, staff will be on hand to answer your questions.







