

MAY 2022 SECOND EDITION

INCLUSION UPDATE

SEND, WELLBEING and BEHAVIOUR

Keeping you in the loop with our current school priorities

MENTAL WELLBEING TIP

If your child is anxious, breathing is a great way to calm both your body and mind down from worries and thoughts. Give this hand breathing exercise a try - trace around your hand with your finger breathing in and out on each finger.



STAY SAFE IN THE COMMUNITY

Network Rail have launched a new campaign called 'I am Train Safe' designed to keep our children safe in the community and to prevent trespassing on railway tracks.

Please visit the website and talk to your child about staying safe when out and about in the local community. There are some great age appropriate resources from Thomas the Tank to celebrity video's.
switchedonrailsafety.co.uk

Mr Smart



TRANSITION UPDATE FROM MRS TASKER

All children on the SEND register will complete a weekly transition activity after the half term holiday. In addition to this, children will have bespoke transition actions outlined in their reviews. Please get in touch if your child has any worries that we can cover to ensure a smooth transition to the next class for all. Staffing decisions will be communicated shortly.

Child to complete transition passport with their hopes and fears for next year.

All children to make a poster of highlights from their current year to keep and treasure.

Staff to make a visual poster of all the things that are staying the same next year and the things that may change.

Every child to visit and take photographs of the new classroom.

Transition Day and teachers to share information prior to this day / handover and new staff to read paperwork.

New teacher and AT to arrange having lunch with the children in new class.

Teacher and AT visit new SEND children and read a story.



Spotlight on Inclusion



All children are given the same experiences at our school and we believe that SEND children benefit from first hand, real life, enriching experiences. We make adaptations to ensure our children can go on all of Haxby 100 Trips. Last week the Reception Children went to the 'Wood's' and enjoyed a nature workshop making 'Elf Rocket's.' Children were given personalised boxes with equipment and toys to support regulation throughout the visit. Extra staff went along and their SEND plans were followed and adapted as necessary. All children had a fulfilling and enjoyable experience and it definitely was a highlight seeing everyone thrive in the outdoors. Lots of wow moments have been captured for SeeSaw and personalised scrapbooks.



Playground Zones with Mr Hind



As behaviour lead, Mr Hind has actioned the children's request for more playground equipment. Evie in Year 6 has written about how our playground now works.

'The Zones of Regulation are a way for children to show how they feel. This makes it easier for teachers to understand their feelings and how to help them. The playground is separated into 3 different coloured areas. The yellow is the active zone, the blue is the calm zone and then there is a light blue section for basket ball. The new resources are helpful for children to try new things and find out what they like.'

Why not ask your child what they think to the new playground equipment?



WHAT PROMOTES GOOD MENTAL HEALTH IN CHILDREN?

Have individual face-to-face activity with your child, such as talking, singing and playing. Follow your child's lead: focus on what they choose, and support and encourage their curiosity. Maintain eye contact, as this helps build a strong relationship.



Financial and Food Support

We are fully aware of how difficult times are financially for most families. Should you need any support with food or financial advice - please see Sam Smart and he can signpost you to the relevant support. We can arrange food banks so please do not hesitate to come and see us.