

3 Is: The PHSE Leader, SENCO, wellbeing/safeguarding lead meet weekly to look at the social, emotional and mental health needs within our children. We work together to comprehensively analyse data, which informs our PHSE curriculum and lessons. Research based interventions using professional advice and assessments are used access school. The wellbeing team review impact together.



All children Daily Zones of Regulation Check In

HUB-Helping Us Belong-Whole Class Weekly PHSE Lessons Weekly Key Stage Assemblies linked to Rights, Respecting School, SMSC and British Values Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning. We work in partnership with parents/carers informing them about what their children are learning and when required, providing guidance towards resources that can be used at home.

Wider Curriculum



PHSE/RSE PATHWAY VALUES: TRUST, KINDNESS, SELF BELIEF



Intent

Our curriculum is underpinned by 3 pillars which give our structure whilst building cultural capital. These 3 pillars are: 'Heritage,' 'Health and Happiness' and 'Hopes and Dreams'.

In PHSE, we give our children the knowledge, understanding and emotions to support their journey into adulthood, to live in a multicultural society with positive attitudes towards themselves and others and to make a valuable contribution to society. All children are encouraged to share their views, beliefs and backgrounds with their peers so that we can learn about what makes us unique and value and appreciate difference. As a Rights Respecting School, mutual respect and tolerance is at the heart of our values. We aim to promote positive mental health for every member of the school community. Having the ability to stay safe and healthy is a high priority and children are equipped to make informed decisions.

During Key Stages 1 and 2, the <u>implementation</u> of our PHSE curriculum offers both explicit and implicit learning opportunities ad experiences which reflect children's increasing independence and physical and social awareness. It build on the skills that children started to acquire during our Early Years Foundation Stage. Our PHSE curriculum helps pupils to stay healthy and safe, develop positive and worthwhile relationships and makes the most of their own abilities and those of others. Children are encouraged to take part in a wide range of activities and experiences through our Haxby 100, contributing fully to the life of the school and our community.

As a UNICEF Rights Respecting school, we ensure that the <u>impact</u> of this is measured by children's ability to gain an understanding of both their rights and responsibilities as a child. They use this knowledge to learn how to respect differences between other and become involved in the life of their local and global community.

SDP Priorities: -ensure pupils can access routines and consistency of expectations to catch up missed learning -maintain a strong focus on attendance and punctuality to ensure pupils are in school on time, mentally healthy and ready to learn.

Through the programme of study children build on these overarching themes:

Rights & responsibilities, managing feelings & emotions, healthy relationships, growing & changing, diversity and keeping safe

LTP and MTP is given to all staff and has been developed by the PHSE/RSE lead in guidance with the PSHE Association to meet the needs of our children. Teacher adapt their lessons to meet the needs of each individual class/children and to deal with issues as they arise.

Staff have accessed Philosophy for Children training and strategies and techniques are being implemented across school. P4C builds higher order thinking, questioning, speaking and listening skills and these are incorporated into the PSHE curriculum.

Regular Pupil Voice is used to ensure lessons meet the needs of our children.

In addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. We also teach about different kinds of relationships because it is important that our children have an understanding of the full diversity of the world they live in.

Wave 2 HUB
interventions - Resilience,
bereavement, Zones of
Regulation, ELSA and Play
Therapy
HUB TA to support
regulation in class for
identified Year Groups

Signposting
Local Offer
Young Minds
Healthcare professionals
CAMH's
Social Care Support
Parent workshops and
helplines

External Agencies for Support Wellbeing Service - Laura McMurray Alison Walker - EP Carolyn Roberts - Autism Specialist Teacher