



Haxby Road News

Friday 7th January 2022

www.hrprimary.co.uk



Our School Vision

“Learn, Grow and Aspire Together.”



A message from Mrs Robinson

Happy New Year

Welcome back and a very happy new year to all of our families and children. I know that Haxby Road children have worked exceptionally hard this week and made an excellent start to the New Year. They have all been showing our virtues of **Self Belief, Kindness and Trust.**

The impact of COVID-19 continues to present a number of challenges, however, we continue to work exceptionally hard to reduce the potential negative impact this has on the children and wider school community. You can rest assured that the staff team at Haxby Road will tackle these with dedication, resilience and creativity! If anyone needs any support or has any questions please remember we are always here to help.

Take Care
Mrs Robinson



Our School Target is 97%

This week our attendance was: 94.27%

Nursery: 85.62%

Reception: 94.77%

Year 1: 95.02%

Year 2 KE: 97.46%

Year 2 NS: 85.98%

Year 3: 94.23%

Year 4: 95.24%

Year 5: 98.15%

Year 6: 92.72%

The winning class is Micklegate

Wellbeing and Anxiety Support

As the pandemic continues to cause disruption to our daily lives, it can increase the levels of anxiety in our children and in ourselves as we are unsure what each day will hold.

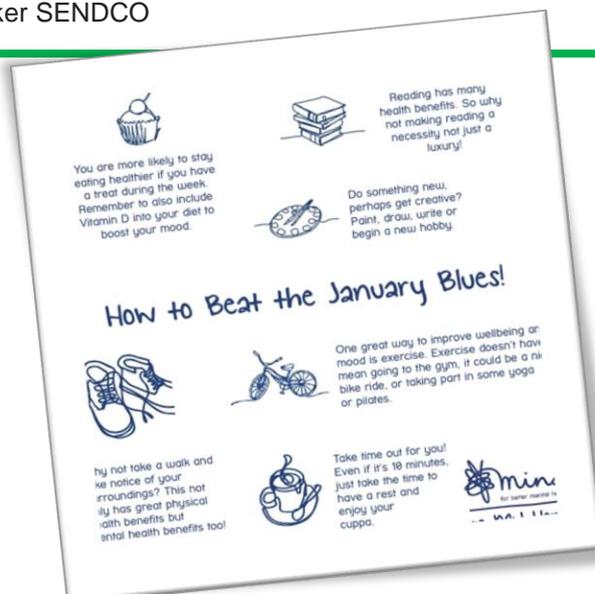
We are beyond proud of the resilience all children in school have shown. The children at Haxby Road are showing that they are settled and confident with our routines and with our support can cope with some of the changes that school life has thrown at them.

If you would like more support with your child's mental health please approach a member of the Hub Team - Mr Smart, Mrs Tasker or Mr Hind. We meet weekly to review children and refer for further support. We would also like to signpost you to the charity Young Minds who provide a parent's helpline, webchat and email service for emotional support.

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/#ParentsHelpline>

Please do contact the school office if you have any concerns about your child's wellbeing - one thing that won't change is that we are here to help!

Jemma Tasker SENDCO



Wellbeing

At the start of a new year we all have high hopes of what that year might bring. At Haxby Road we wish all our families a very happy New Year and hope that 2022 is a year full of kindness, happiness and optimism for everyone. A new year can also be challenging for many people so please remember that we are always available if you need any support with mental health and wellbeing.

January Blues

January can often be a difficult month for many people—Christmas is over, the weather is cold with winter stretching ahead of us still and the nights are longer. Many of the things that we do to cheer ourselves up (walks in the countryside, outdoor exercise, playing in the park, enjoying the sunshine ...) are all harder to achieve. However, there are some ways that we can help ourselves beat those 'January Blues'. See the tips for some ideas to try out

Parents Toolkit: Wellbeing

Check out BBC Bitesize for wellbeing tips designed for parents to help support a healthy, happy childhood - with advice on food, sleep, mindfulness, as well as ways to look after you and your child's mental health.

<https://www.bbc.co.uk/bitesize/articles/z63htrd?>